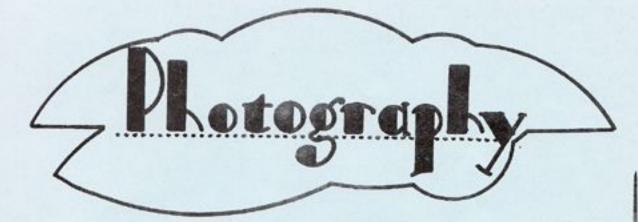
st.albans h.s. 1976



Many Thanks to Student Editors ......

Anita M& Diarmid, Helen Lebar,
Yvette Zeegers, Mary O'Sullivan,
Tony Di Maiuta ..... special thanks to
Jan Kelly, Jo Doherty and the ladies
in the office.



GPE(IAL ALBA PHOTO GTAFF ... MARY O'SULLIVAN, YVETTE ZEEGERS, M. ESOUARD

FEATURE ON MACK TRUCKS ....

OTHER PHOTO (ONTRIBUTORS ... ERMY BANDIOS, ELIZABETH MIELCZAREK, SHIRLEY SOSSI, SERGIO COO, AND MARK SEYCHELL.



THANK TO ALL OF THE OTHER

子会 IRIGH JOKES BY JO DOHERTY... 希奇會

# TRUST, UNDERSTANDING AND RESPECT

This year has seen many advances in education at St. Albans High School.

The school has teacher aides, mini buses, video tape facilities, cassette recorders and numerous other items of equipment. These have been made possible by grants totalling more than \$100,000 from the Schools Commission in recent years.

The school occupied a new \$1,000,000 building at the beginning of the year. This building has been named the M.H. Wilkinson Education Centre in honour of dedicated service by the school's principal Mr. M Wilkinson. It has provided much improved teaching facilities including a new Library a small-classroom English complex, a Science complex and a Theatrette.

Changes to the school curriculum have given students,
particularly at the middle school level, a wider range of interesting
educational experiences.

Also, the School Camp at Strathbogie has become operational. By the end of this year more than 200 pupils will have spent time at the School Camp.

All of these factors have given great support to the school curriculum. Each will continue to make a valuable contribution. Each will assist in improving the quality of learning experiences available to our students.

However in these times of considerable educational change we must take care not to lose sight of the most vital aspect of the learning process

I refer to the relationship between the teacher and the pupil. It is central to the learning process and is the real justification for a school's existence.

This relationship must be built on trust, understanding, respect and educational expertise.

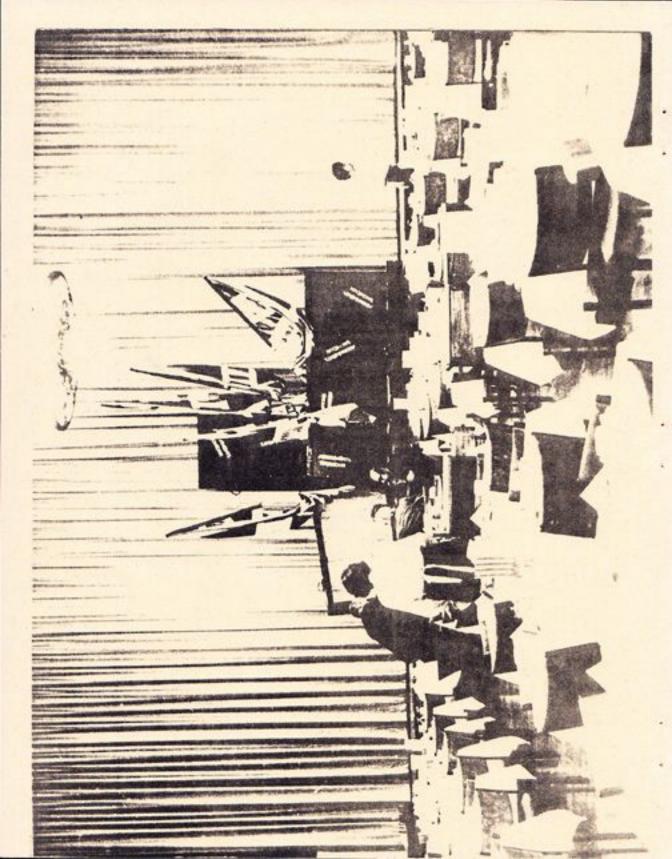
The pupil must trust the teacher and know that the teacher has the pupils' interests at heart. The teacher must acquire the expertise to ensure that the best mossible learning situation is created. There must be a mutual understanding and respect between teacher and pupil.

My plea to all who may read this magazine - students, teachers. parents and the community in general - is to keep this important relationship in mind at all times. Indeed, let us extend this theme to include parents and the community.

Think how much it rould mean to our children if all involved in their education, both in and out of school, could truly say that relationships at all levels were based on trust, understanding and respect for each other.

J.B. Betson
Acting Principal 1976.





#### MAY TRIF 1976

On Thursday 6th May a Hoy's coach carrying students from Form 4,5 &6 and 2 ring-ins from Form 3 left on a merry tour through New South Wales and Queensland, vest to the Northern Territory and south to South Australia, then returning to Melbourne. Within the sixteen days of solid travelling, many strange and interesting happenings occurred. If all our experiences were to be written in this report, it would leave no room for anything else in this School Magazine.

Cur experiences include evening valks in the many different toons and cities which we travelled through. Approximately thirty to forty people walking across the width of the roads locked arm in arm, singing and clowning around made quite a sight along with quite an impression on the people we passed and came in contact with. Water and powder fights jokes told around our camp fires and card games kept us entertained during the evenings. Also dancing to the juke-boxes in Alice Springs, along with our night on the town in down-town Remba kept us moving on the dance floor and also in fits of laughter.

During the days we kept ourselves fit by climbing Ayres Rock, and playing soccer against passengers of other coaches, (our match against Toovoomba High is a memorable one, mainly because we won!) While travelling through the deserted parts of Australia we kept ourselves entertained by stirring the staff and crew, playing jokes, playing cards and many types of different games on the coach. We did a lot of walking in and out through the caves of Ayres Rock and the Olgas. While in Coober Pedy, we tried our luck at finding opals and also we walked through tunnels in the onal mines.

From rowing boats and canoes in Noosa Heads, flying in planes over Ayres Rock and the Olgas, to riding double seated bikes and camels in Alice Springs we had a fantastic and memorable time.

# Rosemarie Hunjadi 3.7

# EXCURSIONS

Towards the end of 1975 St. Albans H.S. was granted a large amount of money from the govt. Some of this money was set aside to subsidize excursions.

As a result of this, more than 1 excursion per week (on average) has been subsidized this year. The money has been allocated to all from levels from Form 1 to Form 6 as well as other areas such as Sport and A.C.E. The amount of subsidy per group depends mainly on

- (1) how much the excursion would normally cost and
- (2) how much money the students have previously been subsidized.

Excursions which have previously been unsuitable because of expense are now able to be a fundamental part of the school program.

Money is also available for groups of students going to the school camp. Each student has to pay only \$1 per day - this covers food transport and anything else.

Due to this very low cost the school camp is now able to become an integral part of the school program.

#### ALBA SALUTES THE

#### MUSICAL ACTIVITIES CLUB - M.A.C.

This year Alba has dedicated two pages to the M.A.C. productions for their fine performances throughout the years. Each year the productions become better than the previous year. The plays certainly bring out the talented students of the school. Not only are the talents for the actors and singers but also from the script and music writers, the stage crew, the lighting crew, the make-up crew, the costume crew and all the other backstage helpers.

The 1976 Musical Activities Club:

President - Lorraine Micallef
Director - Anne Mitchell
Student Director - Eugenia D'Agata
Musical Director - Larry Hills
Choreography - Julie Ryan
Lighting Coordinator - Don Murdoch
Stage Manager - Gowain Farrugia
Stage Director - Edin Corhodzic
Publicity - Louie Esouard
Stage Design - Allan Thompson
Costumes - Meg Tait and Renouka WAllia
Make-up - Jenni Livingston

M.A.C. was founded in 1970 by Mr. McMahon. Mr. Hills took over in 1973.

The plays from 1970 - 1976 are as follows:

1970 - HAIR

1971 - MAGICAL MYSTERY MUSICAL

1972 - MELTING POT (the script was original)

1973 - OTHELLO (this play was completely original with both music and script)

1974 - HERO (Completely original)

42nd STREET (script original)

1975 - NO PLACE FOR A WOMAN (completely original)

1976 - LET'S GO TO THE HOP (completely original)

The main way the plays have changed is that they are more sophisticated because the profit from the plays goes back into M.A.C. for future plays. Money is spent on lighting, stage equipment, etc. The scripts and music for the plays have become more original compared to the initial play. The whole student involvement is more enthusiastic and more students are willing to share the duties of writing both scripts and music.

The 1976 play LET'S GO TO THE HOP was set in the 50's era. The theme was thought of by the students and the story line was worked out by teachers. The script was written by a group of students at the school including Sandra Carlon, Cynthia Farrugia, Debra Carlon, Eugenia D'Agata, Lorraine Micallef and Barry Langham. They were assisted and advised by teachers Anne Mitchell, Lyn Hills, Larry Hills, and Terry Murphy. The songs were written by Larry Hills, Barry Langham, Eugenia D'Agata and Vince Falvo.

LET'S GO TO THE HOP was an original adaption of Shakespeare's Twelfth Night. The play is a farce dealing with the problem of mistaken identity. It commences with a girl hitch-hiking. She got some abuses and felt sick of being a girl so she changed into boys clothing to look like a boy. She made new friends, in a strange town, at the local Malt Shop. The Malt Shop was the place where the complications in love affairs started to arise. At the Hop everything became more complicated because of the mix-up in identity. It all sorted itself out and had a happy ending.

The principal players were:

Nony Simitzis as Vic
Galen Farrugia as Sebastian
David Blazavic as Boy 1
Matthew Spooner as Lester
Cynthia Farrugia as Maria
Vince Falvo as Duke
Phillip Baulch as Andrew

Antonina Korn as Olivia
Eric Glavanic as Mal
Gabriel Balzas as Soda Jerk
Betty Bongiovanni as Betty Sue
Sandra Carlon as Peggy
Peter Carlon as Frankie
Barry Langham as Bobby

The chorus (which consisted of 44 members) as well as the background singers, did a wonderful job backing up the actors with their singing and dancing.

Alba would like to thank everyone involved in M.A.C. for staging a fantastic play that entertained both young and old. Keep up the good work. A Club like M.A.C. is a credit to our school. We hope that you enjoyed our SALUTE to the MUSICAL ACTIVITIES CLUB.

A. McDiarmid (Student EDitor)



MELY belong. We all need love and truet belong. We all need love and truet from our families and friends; we all need kindness, thoughtfulness and understanding from those around us. Without these things we can feel depressed or unhappy. We may fight at school or at home, we may feel lovely that people have been unknind or unfair to us, we may feel are not doing well in our work — whosever the problem may

be, we all have them. Sometimes we can sort our problems by ourselves or with a little help from our friends and family, but sometimes we just don't want to talk about problems or worries with those who are close to us.

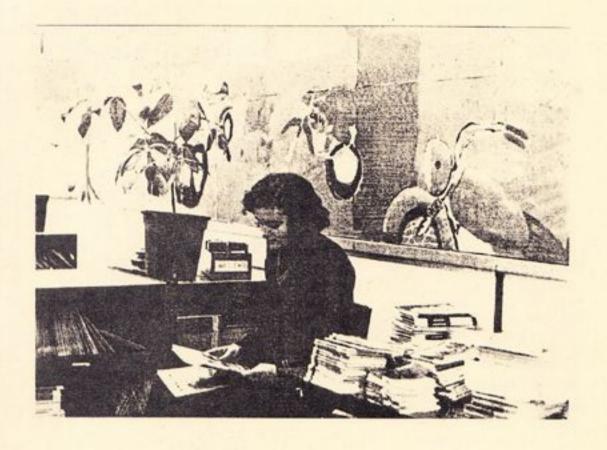
Helping students, parents and teachers with problems is a large part of my job at this section are Propil welfare Coordinated or "problems teacher" or, are one student once called me, "the teacher who solves all problems!" I can't claim to solve every problem, and I don't give psychiatric help for 5c., but I am here to listen to people's porrise and problems and to by and help them find ways of dealing with these.

Everyone is welcome in my room, which is PII. Whether you are sood, lonely, having a bad day or feeling terrific, with not a care in the world, I would like you all to feel free to come and talk

with me. Mea Tast







# FOR SALE NHITTENBURY HOMES

PRESTON

CRAMER ST 478

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# THE CANBERRA TRIP

On Sunday night August 15th seventy daring students, burdened with excess luggage and continuously clicking cameras, set off with six sensibly dressed, cameraless teachers on two luxurious, air-conditioned and "loc-on-board" coaches for sunny Canberra, where the action is.

Mr. "Dashing" Davis fell asleep between Sunshine and Canberra and was only woken by the below - zero temperatures which greeted us in Canberra at 6.30 a.m the following morning. The other bus occupants were kept awake by the delicious food prepared by Mr. Torki beforehand.

After breekfast at Garran Hall, we visited education's answer to the problems of senior secondary education - Philip College.

Students there were obviously impressed by St. Albans' contribution to the graffiti board. one student saying, "St. Albans - isn't that somewhere near Darwin?! We also visited the Mint, Parliament House (where our students joined a group of demonstrators protesting about East Timor), the War Memorial and the Exptian Embassy where we were treated to coffee and films.

Very little sleep was had by all, although two teachers did try to sleep in a bit - only to be rudely awakened and dragged out of bed by two noisy students and another teacher with the master key!

Students seemed to think that the highlight of the tour was the plane trip back to Melbourne. At the airport teachers, for once feeling important, were faced with a barrage of students' cameras and flashlights. The flight was a little bumpy but not really bad enough to warrant three students reaching for oxygen masks upon landing.

All in all, a great time was had by both Staff and Students!!

Meg Teit Carmel Rowan

#### ST. ALBANS HIGH SCHOOL

#### SCHOOL CAMP.

For the past few months there's been quite a bit of activity at the School Camp. We've had parents, teachers, and local tradesman helping to make the site a reasonable place to live for short while.

At present the Camp can accommodate about twenty-five students and teachers at a time for up to three days.

Some of the jobs which have been completed are:

- 1. Painting the interior of the large room.
- 2. Extending electrical services.
- 3. Providing and installing and electric range.
- 4. Putting in a rear exit.
- 5. Setting up 3 x 12' X 14' army tents.
- 6. Constructing a number of picnic tables
- Replacing toilet fixtures and putting a roof on the boys loo.
- 8. Repairing several broken windows.
- 9. It's hoped that in the not too distant future we'll hook up a permanent water supply and provide for showers and additional toilet facilities.

In recent weeks Form 3.6, a mixed 5th and 6th Form group and a 6th Form have been up to the camp.

During third term the camp has been fully booked with one group scheduled to visit each week.

Quite a bit of activity, eh? Let's hope momentum continues to grow.

W.B. Hunsberger.

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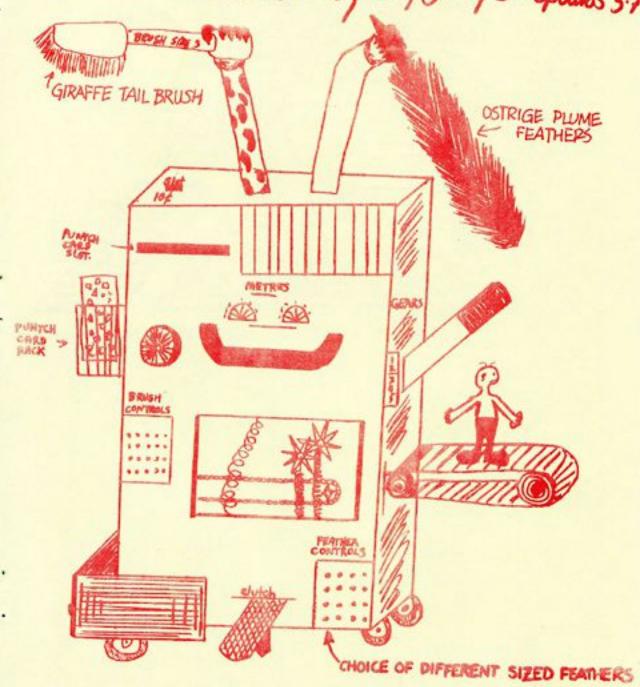
W.B. Hunsberger.

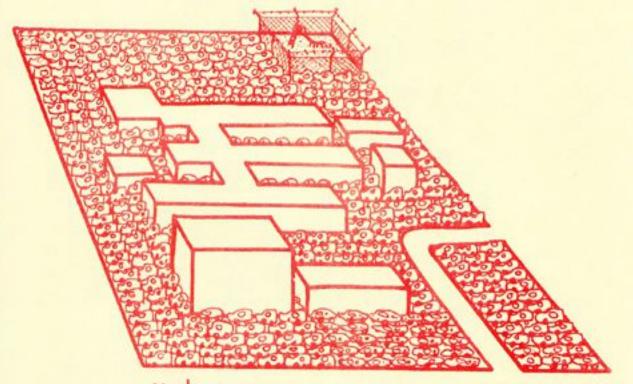




# PORTRIBLE TILERLAR

MRECOURS (Designed by Jimmy Dimopoulos 3.7





YES! STALBANS HIGH SCHOOL DOES HAVE AMPLE TEACHER-PARKING SPACE...

Dark and serie when you first walk in but the tall carved mahogony has a certain persuading way that captivates your attention. There was pink floral vallpaper in that room but because it was such an old house the walls were cracking open causing gaps in the paper. When you walked in the door immediately before you was a mahogony piano. It had a picture of my mother in her childhood and various little ornaments on lace doileys. It was always polished so you could see your reflection in it. Beside the entrance on your left hand side was a great big dressing table. Once again it was rahogony but through the years it had lost its high gloss. It always had a white starched lace cloth on it with dishes and silver trays polished on it. Opposite that was the long sofa it was a mustard color with two arm chairs. One was next to the dressing table and piano. And the other was in between the television and mantle piece. The mantle riece was so glorious to look at and placed right at the top at either side were two big water pitchers with chinese paintings on them. Between these was a painting of Englishmen riding their horses on a hunt. The mantle piece had pillons below this with a mirror behind them. And of course beneath the mantle was an old fire place, with its great iron sides orange with the glow of fire it looked so inviting to curl up next to. The line floor was covered with various rugs and old mats. And of a cold wintery night the mysterious sterness of the various items of furniture would melt to friendly atmosphere of nappiness.

Anon.

# OLYMPIC GAMES

When we see, the torch and flames, We know it's the start of the Olympic Games. We know that the Olympics began in Greece, But, the flag has 5 rings for friendship and peace. The Olympic Games invite many nations, But, this has been going for generations. Athletes go there and try to compete, Though, many go there to fight and defeat, That is why every four years, There's many loud shouts and many old cheers. They run with their legs, like bikes and their pedals, Their main desire is to win all those medals. This year the Olympics are in Montreal, But, as for Australia they're not doing well. The Olympics themselves are not very fine, Especially, when they seem to get out of line. When the fire of the gun begins, There's no use telling what team wins. They all come from North, South, East and West, Lets cheer for them loudly and hope for the best.

Angela.

### LUCK

What brings you, sailor, home from the sea; Coffers of gold and of ivory:

When first I went to sea as a lad

A new jack knife was all I had.

And I've sailed for fifty years and three,

To the coasts of gold and of ivory:

And now at the end of a lucky life,

Well, still I've got my old jack knife.

Anna Zylinski.

# THE TALE OF THE RUN AWAY RED RICYCLE.

- 1/ Little Tom walked down the street, His head was in the air. Dreaming of things he didn't have, Pretending he didn't care. As he walked, at a sulky pace, 'Twas his misfortune to see. A bicycle, Shiney and new And as bright as red could be. He stared at it, mouth wide with awe His eyes carassed its frame He saw, by the tag, that it was not sold And swore it would bear his name "I must", he said "I must and will Have that bike for my own" And with strange thoughts running through his mind He started off for home.
- That mi ht when all was quiet And the moon smiled with content Little Tom smuck out of the house His foolish little mind was bent Through alley ways and moon lit streets He and his fear did creep Turning around at the slightest sound He wished he was home asleep Finally he came to where It was his hearts desire to be The sight of the bike gave him courage now And he chortled wickedly He quietly broke open the door Silently crept inside He felt the bike's cold metal under his hands And then quickly ran to hide.

- He looked over his shoulder 111/ Made sure all was clear His heart was a pounding But he laughed off his fear Just as he thought That all had gone well, His foot met a stone And, to the ground, he fell The bike kept on moving The boy cubbed his eyes It had gone half a mile Before he could rise He got to his feet He started to run The bike kept on moving As if it was having fun!
- It rolled over ditches swerved around trees IV/ It was balanced perfectly Tom kept on running, fast as he could But only a red flash could he see. Faster and faster the red bike molled on Ringing its bell merrily Little Tom kept on running after it He just couldn't stop you see. Tired, more tired, he wanted to rost But his feet had a mind of their own They wouldn't stop and he started to cry Oh how he wanted to go home! But the bike kept on moving It's wheels they kept rolling In the distance, Tom could hear, The church bells were telling.
- Bong, Bong, Bong, 3 o'clock! V/ Oh, what was poor Tom to do ? The bike just went on its merry way Brighter and brighter its red colour grew Tom tripped and stumbled and gasped for his breath He wished he had never come The bike rang its bell as if it know It was a foolish thing Tom had done The bike it did wheelstands, timbles and flips It jumped right into the air It flew for a while and then came down to the ground Tom couldn't help but stare Then with a shout he tried to turn around For he realized where he was going The bike was headed towards the edge of a cliff And his feet showed no sign of slowing!

VI/ "Please!" he cried out "Please listen to me'. I'm sorry for all that I've done!" His voice rang loud, there was no other sound For it was time for the rising of the sun The cliff edge came closer, Tom wanted to scream He knew not what to do The bike became brighter and brighter As over the edge of the cliff it flew Then all of a sudden, it sailed up into the air Its bright red glow filled the sky Tom was really worried then He knew he couldn't fly At the edge of the cliff he came to a halt He watched the bike as it shone so bright Right before his eyes it transformed itself Into sunrises first rays of light

VII/
Tom watched with wonder, he couldn't say a word
He felt light and floated into the new day
He turned and started off for home
And blessed everything he saw on his way.
When he got home, he went straight to bed.
Then he heard the 6 o'clock chimes
He went to sleep with a peaceful smile
After writing 'Thou Shalt not Steal' seven thousand times.

Eugenia D'Agata 5.2.

# GOOD ADVICE

A young female teacher who confiscated a very threatening note from a pupil asked a more experienced staff member for advice. The conversation went something like this:

"Mmm, this is very serious. I suggest you get a lift home tonight, lock your flat door and don't watch spooky movies on T.V. tonight"!

# WHO TALKS THE MOST?

Girls would probably say boys do, but boys would say girls do. One thing is for sure; Anita Mc Diarmid of Form 5 certainly talks often. On the ten hour bus trip to Canberra, Anita nearly drove Miss Tait insane with her constant talking!

#### CEMETERY AT NIGHT

As the fog slowly drifted through the head stones, a piercing wolf wail cried boldly through the night. The marble gleamed white from the silvering moon. The rabbits and night owls scurried into the velvety blackness as the old caretaker walked. He peered into the black and watched the animals scurry away.

As he rambled on, he saw the oldest graves in the cemetery. This, to him, was like a home. He had known these dead people and somehow they seemed to be old friends. The stones were rough but smooth and pearl white in the night.

He sat down and began to light his pipe and started to talk, not to anyone in particular, but to every-thing. I suppose to him they talked back.

Every thing was well as he said good-night and walked back to the cottage. The fog seeped in even heavier as it swallowed the old man bit by bit.

# NEW DRESS FASHION

A certain female staff member who rarely wears dresses and who is more content to come to school in jeans, often torn, was recently seen in a modern sack type dress.

When asked where she bought it, her answer was:

"I got it from the coalman."

-with apologies to Spike Milligan and the "Goon Show"

DAVID McEWAN AND I HAD KNOWN EACH OTHER SINCE WE HAD BEEN IN the sandpit. We had been best pals until we went to State School. Then we found out that boys hated girls and vice versa, this went on for quite a while and then suddenly at eleven we became good friends again.

We both had problems with our families, not serious ones but every now and again there would be an argument over something we said or did. We would then hunt each other out, walk around the block a couple of times and by the time we got back everything would have been forgiven. From then on we just hung around with each other when there was nothing to do.

We knew each other really well and usually asked each other to come here or go there. We always went to each others party and it was on David's 16th that he told me about his "dream". He was going to leave school, take a job as an assistant in the nearby grocery shop. He wanted to save enough toney to take driving lessons the next year and on his 18th birthday he wanted to buy the latest model car. I said it was a good enough idea even though I was a bit dubious about the money being saved. I knew Dave, when he had money it had to be spent or else it would burn a hole in his pocket.

Every week I was shown a growing bank book. Dave kept the minimum of money for himself and for the year between the age of sixteen and seventeen he didn't go steady with one girl. His mates would joke about girls to him and he replied that he way as well play the field while he was young enough. This stopped the wise cracks and bave went on his own sweet way.

Many evenings we sat on the fence outside my place with Carol and Daniel (two of Dave's friends) usually just talking, but sometimes we would all walk for miles. One night Carol and Daniel didn't turn up so Dave and I set out alone for a walk. We went to my favourite place. This was a very large hill which in spring was covered with thousands of bluebells and in winter was beautiful when there had been a frost.

I remember this night clearly. It had been a full moon. It took us roughly half an hour to reach the hill and when we did get there Dave linked his arm through mine and grinning told me that when he got his car this would be the first place he would bring me.

Well finally Dave turned seventeen and every Saturday morning he would disappear for his driving lesson. I remember one morning peeking behind the curtain I saw him stall the car twice, but he persisted. We seemed to drift apart at the beginning of Dave's eighteenth year but this was because of my busy life. I soon became used to the amount of work required of me and so Dave and I started to meet again but usually only by chance.

Dave came to my 17th birthday party and he brought me a beautiful friendship ring. It was given to me on the basis that we were friends. We were often mistaken for brother and sister, and our friends never asked just one of us to a party, we were always asked together. As one friend had said "You don't look right if only one of you is there. You're usually together just like a cat and a mouse."

Dave struggled with his driving lessons and on the night before his 18th birthday his father gave him a party. Dave was to have his own party on the morrow. I was invited to both. Dave's father only invited friends of the family and it was quite a riotous affair. Dave insisted on drinking non-alcoholic drinks because he said he was going to really get tanked up on his birthday after he had passed his test, and bought the car. I wished him luck and that was the last I saw of Dave until the next day at lunch time.

I was at home when I heard a car horn honking. It was Dave. He had passed his test and gone and bought himself a small fast sportscar. It was a beauty. He then told me that he was going to go and get drunk but eventually changed his mind and decided to wait until he had his party.

I had bought a brand new dress for the occasion and Dave picked me up and drove me down to the hotel where he was to have his party. Needless to say the party was a huge success. Dave had few beers compared to some of his friends.

At about 11.30 p.m. Dave grabbed my hand and yelling above the music told me that he wanted to take me to our special hill. I agreed even though I was worried about the amount of drink Dave had consumed. He drove fast with the radio blaring. We laughed and sang to the music, then unexpectedly Dave took a corner very wide, I saw a pair of headlights, and that was the last thing I could remember.

I woke up in a very white room which smelt of antiseptic. I knew straight away that I was in hospital. A nurse with a kindly face bent over me and trying to talk through the bandages, I muttered "Dave". The nurse left and returned with my mother and father. Mum was crying. A fear gripped my throat as once again I struggled to ask the few things I wanted to know. All I could half say was "Dave". Mum looked at dad and he sat down beside me, picked up my hand and told me that as Dave took the bend very widely a car was coming in the opposite direction. We had had a head on collision. I was very sick and had many broken bones. Dave had been killed instantly. My eyes clouded and tears fell.

Tears couldn't bring him back.

#### THE HOUSE OF MYSTERY

There was a very old house in a little old town where no one lived for miles around. It was so quiet you could hear a pin drop. A family was interested in this house but was not aware that the other people who lived there went crazy because of the things that used to happen. For instance, there was a painting on the wall that one day had two people painted on it, and another day there were about five people on it. The chandeliers were shaking all the time and many other awful things were happening too.

When they had moved into the house, the first day they did not know what was coming to them. When they got into the house they did not like it much because it was very big.

After a few days they liked it. After about one week of living at the house and just as they settled in a terrible thing started to happen. The chandeliers were shaking and more people started to appear in the picture, just like what had happened to the other people that were living there before. This time it was worse. There were little people jumping out of the picture. She killed almost all of them but there was one of the little people who was not killed, and she shot him in the leg. Nothing happened to the little man. She was so scared that she just ran up into her room and lay down.

The little man ran into the kitchen and looked around for a knife, and when he found one he went up the stairs and tried to open the door with it. The door started to open because the woman didn't close the door properly. When she saw that the door was opening she got a suitcase from under the bed and opened it. Then she put it right near the door. As the little man opened the door she put the suitcase over him and locked him in it, but he was cutting the suitcase open with the knife, which he had gotten from the kitchen. Before he had gotten out of the suitcase she took him and put him in the oven and he started to burn up. After about five hours she opened the oven door. He was burnt up and a lot of smoke was coming out of the oven door. When she inhaled the smoke she became one of the little people just the same as the others.

Charles · Bugeja. 4.8

The paper upon which these short articles were written has cost the writer 10c as the staff member, who lent it, is Scottish.

#### LAST HOURS IN THE OLD MELBOURNE GAOL

The door squeaked noisily open and was banged shut after the prisoner was put into the cell. Left alone in the cell the prisoner surveyed his dismal surroundings, then settled down in a corner and waited. The room was not more than seven or eight feet long and about six feet high with only a bed, table and chair for furnishings. He heard the other prisoners stirring as they were served their daily ration of food, which consisted mainly of gruel with a bit of meat added to it, and a thin crust of bread. Presently the guard was outside his door pushing the food in through the slot in the door. Then he heard him move on to the next cell. He left the food where it was, lay down on the bed and listened to the rain softly drumming on the window which was barely big enough to let any light through in the daytime. He hunched his shoulders against the cold and pulled the old and tattered blanket closer around him. The place was always damp. Even in the summer, you still had to wear jackets to keep you warm. It got much worse in winter. When it rained, cold draughts would rise up and chill your very bones and leave you shaking and shivering. It was no wonder that many prisoners had died in their cells. The prison had an unmistakable atmosphere of death and decay about it. He heard something moving in his room. It was a rat scurring across the room to the plate of food. He watched as it reached the plate and started eating the food. It was soon joined by six or ten others. All of them converging on the food and starting to fight amongst themselves for it. He heard sounds in the corridor, just outside his door. Two guards opened it and the rats instantly disappeared. His time had come. He was led outside by the two guards. Below him, he saw the hangman and the noose, waiting for him. The hangman put the rope around his neck, tightened it and went over to pull the lever at the side of the trap door. The prisoner could feel the rope around his neck. His hands were tied behind his back and for the first time in his life he was swamped with fear. The seconds seemed like an eternity. The last things he felt and heard was the sound of the trap door as it swung open and the rope tightening around his neck-

Anna Harasimowicz. 3.3.

# NEW PHYSICS COURSE

Miss Williams (WL) has agreed to teach this new course in 1977. The basic program consists of making various paper planes and helicopters and measuring stress, distances and flight patterns when they are propelled through the air or dropped from varying heights.

#### THE HOUSE OF MYSTERY

There was a very old house in a little old town where no one lived for miles around. It was so quiet you could hear a pin drop. A family was interested in this house but was not aware that the other people who lived there went crazy because of the things that used to happen. For instance, there was a painting on the wall that one day had two people painted on it, and another day there were about five people on it. The chandeliers were shaking all the time and many other awful things were happening too.

When they had moved into the house, the first day they did not know what was coming to them. When they got into the house they did not like it much because it was very big.

After a few days they liked it. After about one week of living at the house and just as they settled in a terrible thing started to happen. The chandeliers were shaking and more people started to appear in the picture, just like what had happened to the other people that were living there before. This time it was worse. There were little people jumping out of the picture. She killed almost all of them but there was one of the little people who was not killed, and she shot him in the leg. Nothing happened to the little man. She was so scared that she just ran up into her room and lay down.

The little man ran into the kitchen and looked around for a knife, and when he found one he went up the stairs and tried to open the door with it. The door started to open because the woman didn't close the door properly. When she saw that the door was opening she got a suitcase from under the bed and opened it. Then she put it right near the door. As the little man opened the door she put the suitcase over him and locked him in it, but he was cutting the suitcase open with the knife, which he had gotten from the kitchen. Before he had gotten out of the suitcase she took him and put him in the oven and he started to burn up. After about five hours she opened the oven door. He was burnt up and a lot of smoke was coming out of the oven door. When she inhaled the smoke she became one of the little people just the same as the others.

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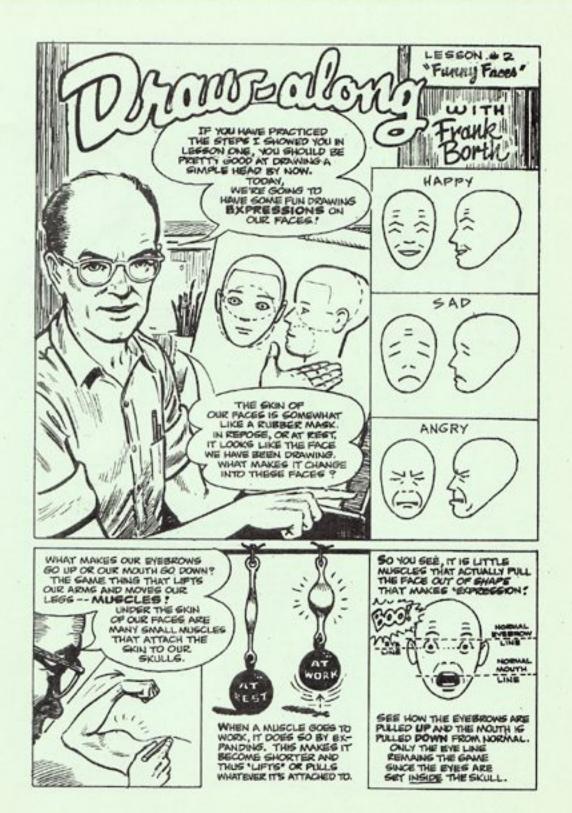
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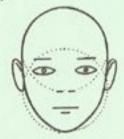
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DRINING EXPRESSIONS ON FACES IS A LOT OF PAIL LET'S START WITH OUR DEAD PAIL' MODEL AND PUT SCHE LIFE IN HIM!



PAPER AND LET'S MAKE HIM HAPPY! THAT'S EASY, YOU SAY? JUST PUT A SMILE ON HIM LIKE THIS ?



FINE! BUT WHEN WE GAILE WE GAILE WITH MORE THAN OUR MOUTH... WE SALLS WITH OUR EYES, EYE-BROWS, AND EYEN OUR NOSE! WHEN THE MUSCLES IN OUR CHEEKS PALL UP THE CORNERS OF OUR MOUTH...



They also push up assaust the eyeling, making it send up like this. These are sanling eyes."

THEY ALSO PULL UP THE "CORNERS" OF THE NOSE AND WILL BYEN "WENIX S" THE NOSE IF WE SMILE ISSAL HAZO."



OUR THETH CURVE BACK IN OUR MOUTH LEAVING PARK CORNERS THAT ACCENTURTE OUR SMILE. OUR EYEBROWS USUALLY GO LP WHISH WE SMILE, PERHAPS ENCAUSE WE HAVE EXEM PLEASANTLY SUEPRISED...

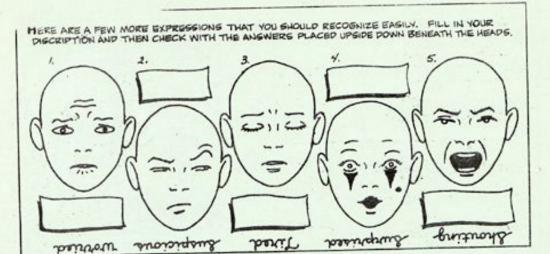


CHECK THIS FACE WITH THE ONE PRECTLY ABOVE IT. SEE HOW THE ENTIRE PACE SMILES?

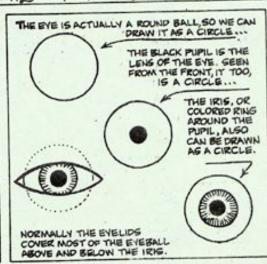
Mere, N SMPLIPED FORM, ARE THE IMPORTANT LINES OF A HAPPY EXPRESSION.

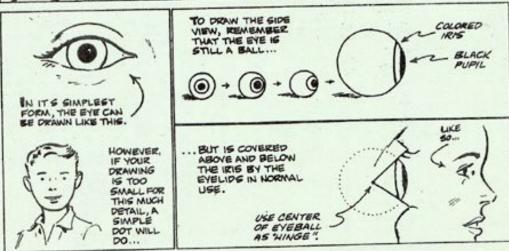


NOTICE HOW THE WEINKLE LINES BECOME PART OF THE EXPRESSION.







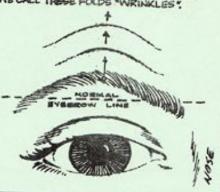


THESE WENKLES ARE FORMED BY THE ACTION OF THE MUSCLES OF THE FACE.



WHEN WE TRY TO MAKE IT SMALLER, IT SUCKLES UP INTO FOLDS AND RIDGES.

WHEN A MUSCLE PULLS UP AN EYESROW THE SKIN CAN'T SHEINK AND SOIT, TOO, "SUCKLES UP" INTO FOLDS AND RIDGES. WE CALL THESE FOLDS "WRINKLES".



LET'S SEE HOW THIS WOCKS WITH AN ANGRY EXPRESSION. INSTEAD OF BEINS LIFTED UP. THE EVEBRONS ARE PULLED' DOWN AND TOGETHER.



THE SKIN WIDNKLES UP SETWIES THE EVERROWS. THIS ALSO PUSHES THE EYELIPS DOWN, MAKING A PLAT LINE ACROSS THE EYES.



THE CORNERS OF THE MOUTH ARE PULLED DOWN AS WELL...

WHICH MAKES TWO LONG WENKLES DOWN BACH SIDE OF THE MOUTH THAT PULL ON THE SIDES OF THE NOSE AS WELL.



THE LOWER LIP PUSHES ASSAINST THE UPPER LIR

A SAD EXPRESSION IS NOT AS DRAWATIC AS THE OTHERS. EYEBROWS ARE DRAWN UP AND TOGETHER.



THE CORNERS OF THE MOUTH 50 DOWN, BUT NOT VIOLENTLY. LOWER LIP IS RELAXED.

ADD PAIN AND THE FACE IS CONTORTED.



MOUTH PULLED OPEN.

WITH FEAR, OR SHOCK, EVERYTHING PULLS AWAY FROM THE CENTER OF THE FACE.



WIDE OPEN!

### THE OLD MELBOURNE GAOL

I was put in Old Melbourne Gaol in 1840. The place was damp and cold. As soon as I got into the building they put a mask over my head. They did that so nobody would know who I was. Most of the prisoners would know me because I was in the newspapers all the time. I am a killer.

Everybody had to wear a mask over their heads. As they were taking me to my cell, I could hear prisoners screaming and mosning. All the prisoners had to stay in their cells, nobody would get out. We got our food through the small window in the door. We ate bread and water and sometimes we would get a small bit of meat. In the cell we had one table, a chair and a bed with a bag of straws which we slept on. We also had a Bible. That was the only thing we could do in there.

Most prisoners died, because they got so sick and the gaolers wouldn't get a doctor to help them. I knew that I would be like that one day and I was right. It's three years since I was locked in here and I am so sick that I wish to die. I just don't know how badly I want to get out of here. They didn't want to hang me because they said that was an easy way to die.

Oh Lord, I wish I could die.

Olga Sajinovic. 3.3.

# THE IDEAL GEOGRAPHY TEACHER

Any staff member who can get completely lost in Canberra and who has no real sense of direction usually makes an ideal teacher of the subject "where" and "why".

Mr. Booth misled some sixteen students in a long walk around Lake Burley Griffin.

Rumour has it that he expects to co-ordinate Geography.

### MEMORIES OF YESTERDAY

I was sitting on an old train bench thinking of what I would be doing in the years to come.

I also thought of the years that had passed by. Running through the fields of oats with Thomas, milking cows, spotlightning for rabbits and kangaroos, dancing to one dance that seemed to last for ever.

When I left home to fulfill my life with the man I loved, the excitement of our wedding night, the day we bought home our first child, and all the lonely times I had lied in my bed waiting and hoping Thomas would come home safely.

All the times he went job hunting filled with hope and returned home depressed yet still fired with hope, ready to start looking again, the night he started his job as a cab driver and all the lonely nights at home.

The disappointment of rumours that were true, like when he swore on his death that all the women in his life were gone as soon as he met me, but there were always more and more women in his life.

I had lost him, Cathy our child was three and had a fair idea of what was happening.

We both sat in a daze thinking of what will happen when the train came. Tears falling like a mountain stream, leaving behind soaked tissues, we began to board.

We were headed for Queensland, the place I first met Thomas. He was driving a truck until he had an accident and couldn't drive a truck anymore. My family and I were living in a small town outside thecity. Our house was a beautiful cottage surrounded with blooming flowers, it was a place where animals could grow up freely without fear of man.

This would be a welcome change from fast moving cars and people who seemed to be heading nowhere and where lights flashed on and off to the never ending beat of amplified music.

Just as we were about to board the train Thomas appeared. He stood at the other end of the station, our eyes met ( for one happy moment I suddenly knew things would be fine) the train pulled away from the station and we still stood there watching each other. Each breath I took seemed to last longer than the one before, we ran to each other tears began to fall from my eyes as we embraced, now knowing we were one again.

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#### THE WISHING WELL

It was the time when life had opened it's eyes to the bright, but gentle, light that wakes the soft petals of the flowers... it was morning. Outside, the world seemed fresh and new, the delicate breeze blew gently in my face, awakening me to a new day. Everything seemed to blend together in a sort of harmonious way, making things seem quiet... too quiet.

Slowly I took my first step outside into this country that seemed... well... like paradise. I was determined to explore and feel natures tender offerings. The screen door closed behind he with a loud bang, slightly shattering this dream I was in. Was it a dream? I pinched myself hard so as to let a small trickle of blood fall down my arm. It stung. Yes, I was certainly awake. Good. My feet carried me towards a well, my well, the wishing well, that made all wishes come true... yes, all wishes!

After an hour or two of spending the morning with nature, I was demanded to come inside the pig-sty of a house, occupied by the beastly Aunt Rita, whom I had loathed since the day of our meeting - or should I say, since the day I was born. She was disgusting and revolting in both manner and speech. But she will die soon .

I entered the house with it's stale smell of rust, dirt and excreta from last nights rats that occasionally visit the kitchen. Oh how I hate it! The rest of the day was spent indoors with a freshly bruised eye for not getting the water from the well, quick enough for her poor tired legs that seldom walked. She kept yelling at me that one day, I would be the death of her .... I smiled.

That night was the best night I had ever had. It was the night of ... no, I won't tell you. you'll find out. I made it, a voodco doll and cut out a piece of cloth from my aunt's favourite dress, and collected her hair from her never cleaned brush. It was done. There. It looked good. Yes. I walked outside, but where should I go? Ah, the wishing well, my well, the well. I leaned over the edge, watching the small clear ripples of water, reflecting my face, my beautiful face. I placed the doll at the top of the well, and took the sharp hair pin from my hair and plunged it into the chest of the doll.

My face began to burn up in fever, and placing my hands on my head, I noticed the different colour hair on it's head. Of course! I should have known better. I always used the same brush as my Aunt... what had I done? A horrified scream from the house, and I knew she was dying and my head kept burning. "Stop it - oh please stop it!"

I gazed at the cool water below. I jumped into the <u>well</u> and placed my head under the water, but nothing happened. My hair was dry. Oh my God, I forgot the doll! My hands began to scrape the inner walls of the <u>well</u>, but I could not reach it or the top of the <u>well</u>. The pain became unbearable, and so with my final breath I yelled "Oh God, how I wish I was dead!.......

.....The wishing well.....

Luana Ceresani. 5.2

Living things need love, we need understanding, we need our freedom, we need each other, we are all equal we all cry we all live and then we die.

Animals laugh, they cry Animals live and they die. People are black, People are white, we all love and we all fight.

Nature laughs because it is free, Nature cries but let it be, Nature lives because it must, Nature dies and we let it rust.

So we are equal, all the same we may look different, but we know our aim.

### THE OLD MELBOURNE JAIL

The day before I was hanged.

It was morning. The patter of rain bellowed through the cells. I lay listening to the noises. The rattling of the trays echoed through the cells of the gaol. You could hear fellow convicts yawning and talking to the guards. "Get up" yelled a guard. I sat up. "Hurry, I'm not waiting for you." I ran towards the door and took the bowl which had bread mixed with water. I sneezed as I took the bowl. "Don't spread your germs on me" the guard said in a harsh manner. I went and sat on my bed and looked at the bowl of food. I raised the muck to my mouth with my hand. I gulped it quickly; it didn't touch the sides. About an hour later another guard came around collecting the bowls. "Bowl" shouted the guard. I handed him the bowl. "Thanks" said the guard. The bowl guard was kind to me. He hever thought I was guilty; he told me this but of course he couldn't do anything about it. The two years that I had spent here weren't so bad, for I had someone who believed I was innocent. The rest of the guards hated me.

My cell was cold and damp and the morning rain didn't help it. I heard a noise outside my window, I jumped up and clutched the bars. Outside were some pigeons. I loved pigeons. One flew onto the window shelf and I touched it with the tip of my fingers. The bird felt warm and soft. I was so happy for it was the first time I had touched one. I jumped down and and went around and around in circles till I got so dizzy I had to stop. I spun so fast that I nearly smashed into the wall of my cell. It was small but some-how I didn't mind that much, because I knew I was innocent. I didn't kill my brother, who was a guard, even though I did despise him. A guard came in and put a mask on my face. For the first time I was allowed to go to the exercise yard. The guard led me to my exercise cell. He bolted the door behind me and left. I could see through my mask that there was a flock of pigeons in the corner. As I ran towards them they flew off in fright, but they left one feather behind. My hands were cuffed but I reached for it and held it tight in my hand. The guard came and took me back to another cell which I knew was the condemned cell. He took my cuffs and mask off, but he didn't find my feather when he frisked me because he didn't check my clutched hand.

I lay on the bed and ran the feather up and down my face. It was soft and light. I had nearly forgotten how softness felt, but this reminded me. The day passed by and night was falling. The one thing I really hated was the nights, for this was when the

### THE OLD MELBOURNE JAIL (C'td)

dampness and smell struck me. I lay on the bed clutching the feather and and thinking about why I had been shifted to this cell so early. My stomach cried of hunger. Noises echoed through the night. You could hear the cries of pain, and the noises of some people snoring, rang like bells through the jail. Sleep struck me.

Next morning I was given a grand meal. It comprised of wine and a good meal. My bowl was collected, and I went and lay on my bed. Till this day I had never felt fear, but today fear filled me. I looked around and found my feather. I held it tight. I had to try to escape my fear of death. The door of my cell was unlatched. A guard came in and led me to the hang man's rope. "I'm innocent," I cried. The hangman was big. I feared him. I saw him as the figure of Satan. A mask was placed on my head, and the rope around my neck. It was prickley and itchy. I said once more "I'm innocent", I am, I am, I am, I am, I . . . . .

My body hung down lifeless.



How do you drown a submarine full of Irishmen? How do you make an Irishman burn his ear? What's the definition of gross ignorance? When God was handing out the resources why did the Irish get the potatoes and the Arabs the oil? What's five mile long and has an I.Q. of five?

Did you hear about the Irishman who wanted to be buried at sea?

How is an Irish ladder different from an ordinary one?

What's an Irishman with half a brain?

What happened when the Irish played water polo?

Why do Irish dogs have short noses?

How does an Irish firing squad line up?

Knock on the Hetch.

Ring him up while he is ironing.

144 Irishmen.

The Irish had first choice.

A St. Patrick's Day procession.

Six of his mates drowned digging the hole.

It has a stop sign at the top.

Lucky.

Their horses drowned.

From chasing parked cars

One behind the other.

What should you do if an Irishman throws a pin at you?

Run! He's got a live grenade in his mouth.

Did you hear about the
Irish attempt on
Mt Everest?

They ran out of scaffolding.

What's the definition of a dope ring?

Six Trishmon in a circle.

Why do you need 101
Irishmen to paint a house?

One to hold the brush and one hundred to move the house back and forth.

Did you hear about the Irish archer who shot an arrow in the air? He missed.

What's black, crisp and hangs from the ceiling?

An Irish electrician.

Did you hear about the new Irish parachute that needs no ripcord?

It opens on impact

What do you call an Irishman with a University degree? . A liar.

How do you confuse an Irishman? Show him two shovels and tell him to take his pick.

Did you hear about the Irishman who tried to tap dance? He fell in the sink and drowned.

IRISHMAN: "How am I going to measure the height of the pole?

HELPFUL BYSTANDER: "Lay it on it's side and pace it out."

IRISHMAN: "I want to know it's height, not it's length."

THE SCENE: Building a new house in Ireland, foreman comes

over to a workman.

WORKER: "These nails won't go in the wood."

FOREMAN: "Of course not, you're hammering them in head

first These nails are for the other side of

the house "

THE SCENE: An Irishman sitting beside the road crying.

A FRIEND: "Why are you looking so sad."

IRISHMAN: "My dog just got killed - I've buried him

over there."

FRIEND: "Why are there three holes then?"

IRISHMAN: "The first two I dug veren't big enough."

She sits there proudly. With her hands around the unborn child. With love and affection growing for it. She waits for its arrival But till then she will feel the unborn child move around elowly. kicking it's fragile feet on the wall of it's mother's womb. And when it's time the little thing will be welcomed into the big world. And then it's mother will ery out with . joy for her first new born child

### THE BEGINNING OF MACK

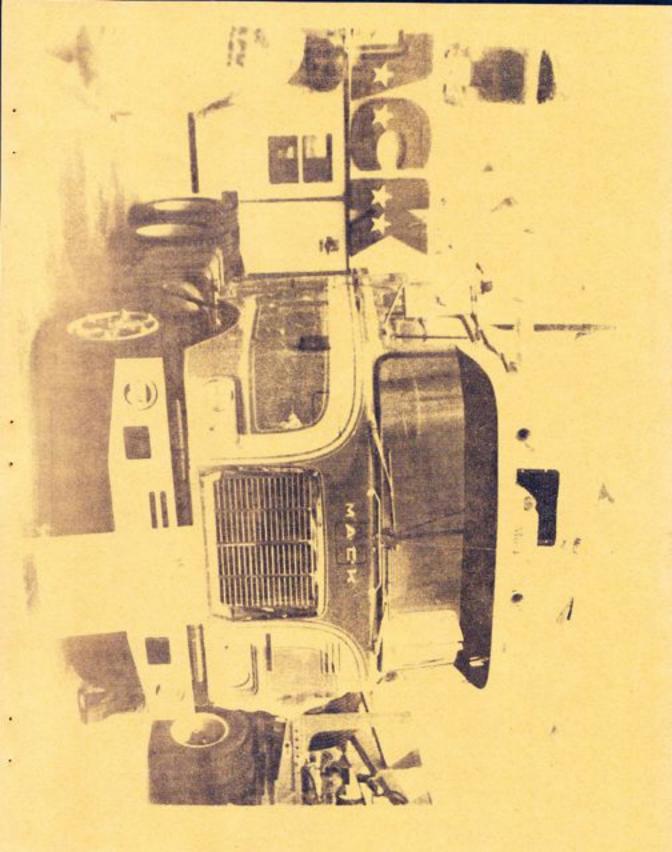
The name MACK was brought out in 1900, and ever since then it has grown bigger and bigger. Today MACK leads the way in the Trucking Business, with its unbeaten reputation of reliability and an ever lasting Truck. To prove the statement above "a ever lasting truck" even today MACKS from the year 1924 are still going today. One of the most greatest MACKS ever introduced to the Trucking Market was the B.61, it was introduced in the year 1953 and today thousands of them are still on the road, used in heavy haulage, road trains, etc. This reputation is also backed up by MACK Trucks Dynamic engines, The Thermodyne and the Maxidyne.

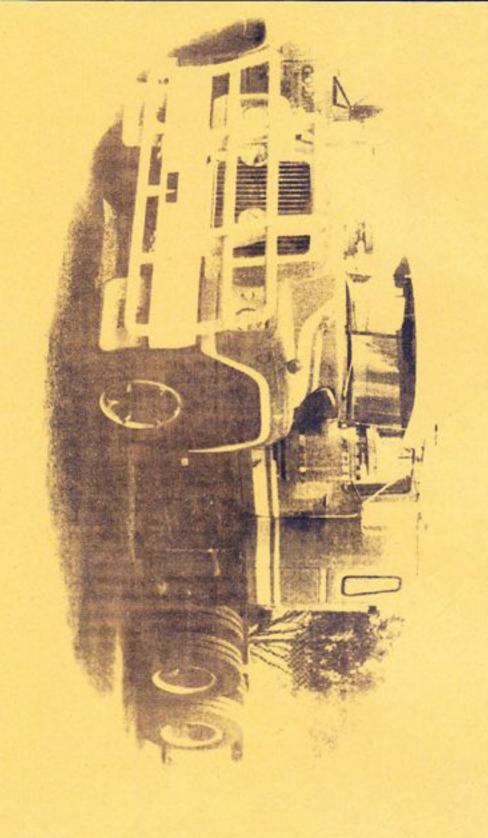
### MACK MODELS

There are three MACK models on the road today. They are recognized by the names, R, FR, and MBR, although it seems there are much more models than only three MACKS because of the various numbers after the letters eg: - R797REX, F611RST and MBR607EST. The first letters resemble the model and the numbers resemble the size of motor eg: - G11 is smaller than 797. The R and FR models have been in Australia for quite some years, but the ADR model was introduced to the trucking market just recently. The MBR model has a thermodyne engine which develops 180 MHP and 540 lb/ft torque power. It has such low BHP as it is only supposed to be used in light jobs eg:cement mixer, tippers, Industrial Waste Collection, etc. It has the lowest BHP in the MACK range. The MBR model can only have a Thermodyne engine, but the R and FR models can have either a Thornodyne or Maxidyne engines. The maxidyne engine has BUP from 177KW (237 BUP) to 325 BUP Torque power up to 1080 lb/ft. The Thermodyne engine develops 180 BHP (Little Range Mack) 320 HHP and 375 BHP Torque power up to 1040 lb/ft.

#### THE SORT OF WORK MACK TRUCKS DO.

MACK Trucks can be seen daily doing common and some uncommon jobs on the road, Some MACKS pull petrol tankers others pull refrigerator vans. Some pull tippers of all sorts, single tippers of all sorts with one, two, three and sometimes even four axles, Other MACKS pull two tippers, one attached to the truck and the other attached to the first tipper which is connected by a large bar, the tipper attached to the first tipper is called a dog trailer, Many LACKS are used for moving large logs from the middle of no-where to a certain area. LECKS are also used in heavy haulage work, which sometimes means pulling objects from up to 300 tons. Many companies all over Australia lean towards MACKS for pulling energous objects like transformers, bridge girders, earth movers eg: - Bulldozers and generators. Other Companies use LLCKS for road trains pulling up to four trailers sometimes more. The LaCK road trains are seen mainly in Northern Territory, where there are no roads, no residential areas so that it's easier for the truck drivers to handle the long heavy loads which sometimes can be 180 ft in length and 120 tons in weight.





Sport this year was largely a matter of narticination without much preparation. Compared to other schools in this region we generally did not do well. In swimming we came last, only 2 teams made the finals, and in athletics we came last. Part of the problem has been that snort is not part of the curriculum and therefore teams have to be organized and trained before and after school and at lunchtime.

That is sport is not considered to be important. But to students involved this is not the case. Many students have been able to excel in sport, whereas academically they find things hard. These students surely have the right to have success too, and so they should be given every assistence just as academically-inclined students are.

Next year sport will be next of the Form One activities programme, but this is only a minimal change. The disruptions to the normal running of the school on sports days in 2nd Term will be as great as this year. I would like to see the programme extended to at least Form 3 though as this would cover 2 of the 3 age groupings for team sport.

(The groupings are: Form 1 Junior

Form 2 & 3 Intermediate

Form 4, 5 & 6 Senior)

I feel we are going to be left further behind next year if we don't radically change our approach to sport. Other schools in this region, which are already firmly committed to sport, are committing themselves further (e.g. Keelba High School). Sport should not be viewed as that nuisance.

#### SENIOR SOCCER 1976

This year's senior soccer team hasn't followed the example set up by previous years' senior teams.

Although the team consisted entirely of fourth forms., it did not lack talent and there's no logical explanation why it got nowhere. (Whether it was inexperience or simply disinterest due to the low number of spectators, remains in minds of the disappointed players.)

The competition we were in this year was a lot easier than those of previous years'. Perhaps this was the year when chance was at its widest. Slightly disappointed soccer coach, Mr. Naish explained with a smile.

"It was just another one of those unlucky times. But due to what I've seen at the finals, we have a very good chance of taking the title next year."

For next year, we're uncertain but hoping in full swing of our confidence that the next year has more to offer.

Looking back over this year, we have started off very well by beating Sunshine H.S. by 6-1.

Losing versus Braybrook H.S. (2-1) was more than a disappointment. In dying moments of the game, defender Orasio Matesovic, passing back to the own goalie made a mistake and instead scored for the opponents. An embarrassing and disappointing moment. A goal which destroyed our hopes of entering the finals.

The next game that followed was as important as the Grand Final itself. Beating the only threat for our entry into the finals, Sunshine West H.S., would've meant victory. However, they were too experienced for us and the shock of losing 6-2 was enormous. Despite the hard trying of the St. Albans High School's defence the Sunshine West forwards were invincible. They used totally different soccer. That of speed and surprise.

Relief came when Kealba High School, the old enemy was brought down to its knees at the surprising ego of the team. After a long, dominating game, St. Albans High School only managed to shake the net three times. Chances we missed are unforgivable.

Our back line was impenetratable. Team's cool and smart playing irritated the sore-losing opponents. Toward the end, the game grew rougher and tougher Unfair playing wasn't uncommon to our opponents. No roughness can defeat the spirit, and St. Albans High School proved it.

Versus Deer Park, as it turned out, was our last game. We've put up a good show and easily defeated the opponents by a score of 4 - 0. Once again our old habit was present at the game. Missing chances one doesn't get into too often.

So, there we were, walking off the field with sweat shining above our eyebrows, hoping we would do better next year. For next year it's uncertain but surely St. Albans High School senior soccer team can do better and on behalf of the entire St. Albans High School I wish them the best of luck......

Frank J. Oreb.

St. Albans High School Senior Soccer Team 1976:

St. Albans High School Senior Soccer Team 1976: Coach; Mr. Naish. Assistance; Boris Stojanovic.

The Senior Soccer Team would like to thank Mr. Naish for everything he'd done for High School Soccer this year, of course not forgetting many that've passed and wish him all the best in many to come.

Thanks on behalf of the boys.

The senior team ....

### GIRLS' SOFTBALL

After a rather shaky start both the Seniors and Intermediates completed a very good series of matches, each being defeated only once. They just missed out on the finals which was most disappointing but let's hope they make it next year. Thanks must go to the team members who braved wind and rain to practise. Well done!

### TENNIS REPORT

The intermediate boys had a particularly good season, winning most of the matches they played.

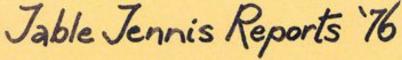
Unfortunately, many schools did not have a team, so we won these games by default.

We managed to field a senior girls' team, but unfortunately the opposition was too strong. ("It's better to have tried and failed.....")

Here's hoping for better things next year.

### FOOTBALL - FORMS IV - VI

This year the team was ably coached by Phillip Baulch and were unlucky not to reach the finals. The team had many outstanding players - Kevin McEwan, Geoff Cooper, Phillip Baulch, Rodney Smith, Eric Glavanic, Bill Sipple, George Traianou, George Caval, Michael Garafalo, Simeon Ouzas and Chris Constantinou. These players should form an outstanding team next year.





The Form 1 table-termis team did quite well. They only lost one game and drew one. The game they lost was against Braybrook which they lost in the final game of doubles 21 to 19. The game they drew was against Kealba which was 4 games each, but all the other games they played they won by one or two sets. In one game against Sunshine the team won nine nil but they still didn't make it into the finals so they will have to try again next year - to train longer and harder so they can get into the finals.

The team was Chris Gerick, Stephan Galea, Steven Manic and Raffat Makial who tried their hardest to win but couldn't. Their coach Mr. Hope tried to make them win. trained them well but was unsuccessful.

Reporter: Christopher Gerick 1.5

This year St. Albans High School did very well in both the school competition table-termis and the Sunshine districts night competition. Firstly the school intermediate team of Juan Balderami, Zelko Parkas, Gunars Jaunozols and Mark Seychell won all their games in the home and home games and went into the Western Zone Finals. There they first played Williamstown and after a bad start they fought back and won narrowly by 4 games to 3. After that game, they had to play the Western Zone grand final. Here they also had a bad start to make it hard for them to come back and an even more marrow escape to St. Albans, they won that 4 - 3.

However, then they knew the competition was going to get harder, and when they played Thomastown of the Northern Division, who were the winners of that division. St. Albans lost, but despite this loss it was still an excellent year for the team. The Senior school team reflected their lack of interest and non attendance at training by failing to win one game for the year. Unfortunately they typified the St. Albans High attitude to sport-lack of training and preparation and last minute rushes just to scrape up a team. They were really put to shame by the Junior and Intermediate teams.

St. Albans High entered two teams into the Sunshine districts night competition. One team was Mr. Hanraham, Ian Tomkinson and Juan Balderrama. The other team was Mr. Hope, Zelko Farkas, Gunars Juanozds and Yuri Korbut. Both of these teams won their grades premiership and Zelko Farkas won a trophy for the C2 Aggregate award.

Reporter: Zelko Farkas. Form 2.

## Football Form I

The team had talented players in Senad Cehic, Billy Czajkowski,
Mark Ritchi and John Petropoulos. These players were well supported
by - Spiro Panovtsopoulos, Steven Guastelegname, Shane Ohpualder,
Mario Sollicetto Nicky Debono, Dean Turner, Marko Satskas and
Robert Sant. The team tried hard and enjoyed its football, but
lack of team work was a major problem. These players should form
a formidable Form II team next year.

# Football - Form II

This team showed endeavour, despite facing older, taller and stronger opponents in most matches. The team was vell served by Captain, Frank Provolsek and its Vice Captain Elia Galea. Other consistent players were Pero Pavilovic, Peter Ikov, Perdinard Kosorog, Angelo Munno, Helmit Schreyer, Tony Constantinou, Angelo Constantinou, Leon Kalenovski, Dirk Terveen and Emmanuel Micallef and Robert Full. These players will form a great intermediate team next year.

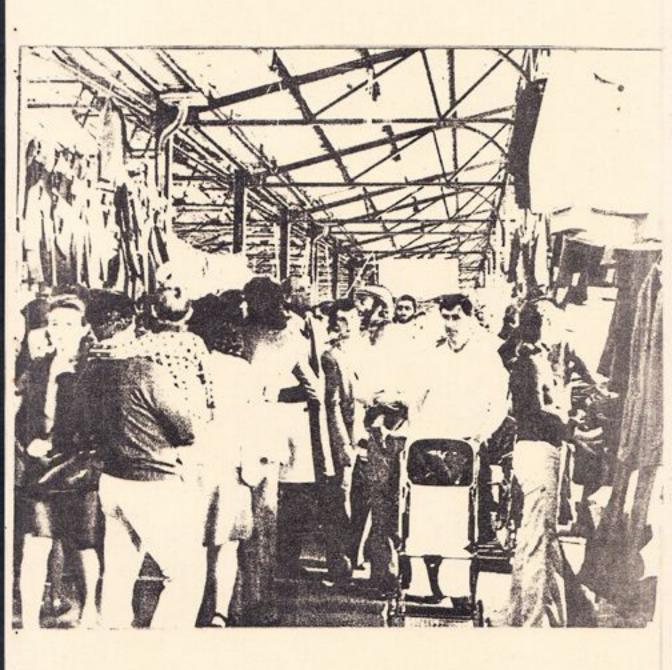
# HOCKEY REPORT

Although our successes on the field were of a limited nature, the enthusiasm and potential for "great things in the future" are there.

The girls did marvellously considering that they were beginners.

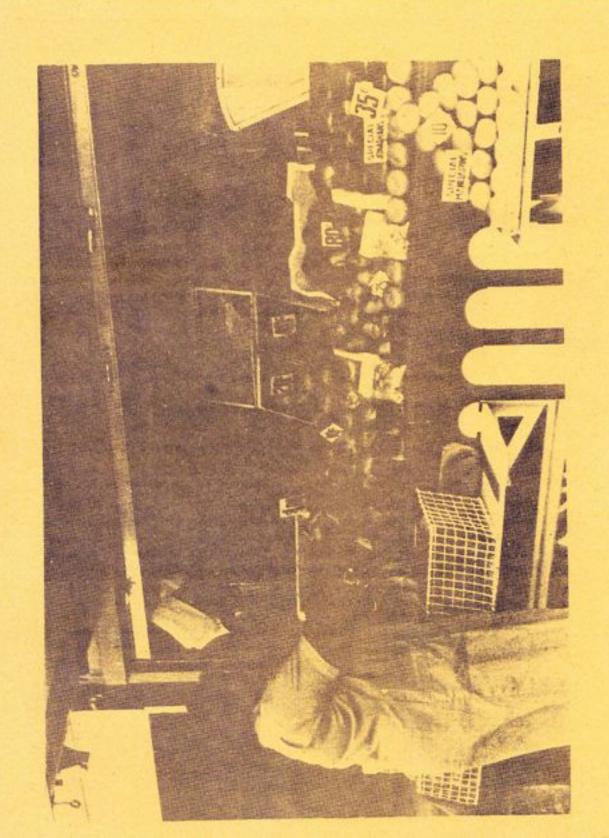
Well done! See you all next year and up The Hockey Team!!

Linda Green Heather Anglin

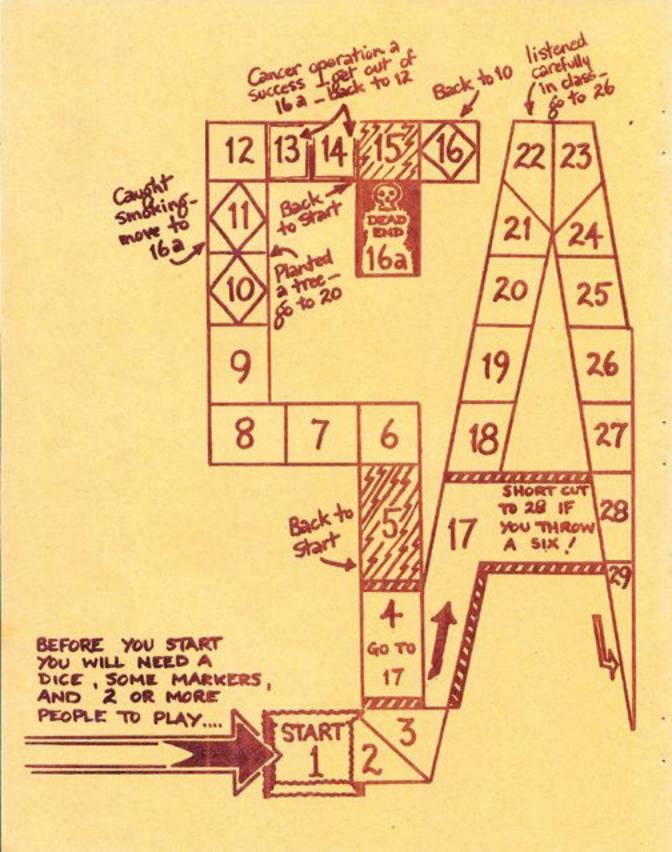


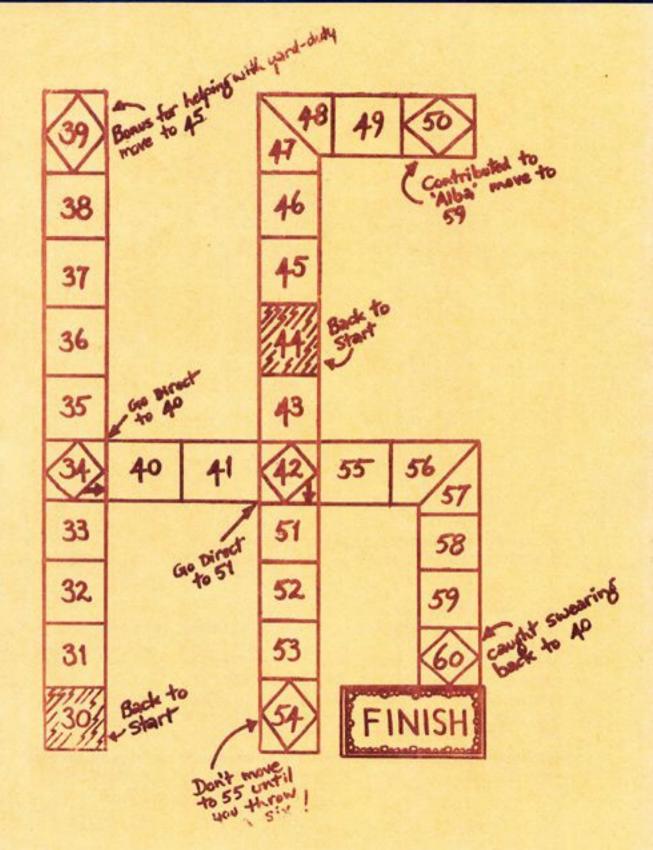


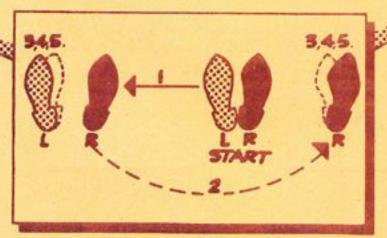




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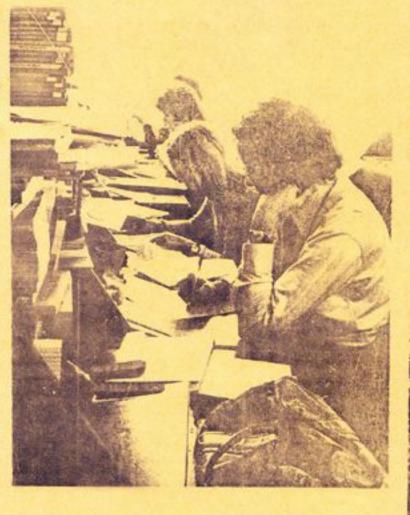






- I (ITS JUST A) JUMP TO THE LEFT, WITH HANDS UP
- 2 A STEP TO THE RIGHT (TIME-WARPER ANNETTE FUNICELLO SUGGESTS A VERY WIDE STEP.)
- S" (WITH YOUR HANDS ON YOUR HIPS)
  YOU BRING YOUR KNEES IN TIGHT.
- 4 (THEN) THE PELVIC THRUST (IF REPEATED FIVE TIMES, IT NEARLY DRIVES YOU INSA-A-ANE)
- 5 HIPSWIVEL (IF NOT DRIVEN INSA-A-ANE BY STEP ROUR)
- G LET'S DO THE TIME WARP AGAIN!!
- THOSE WITH LIMB DISABILITIES MAY FIND IT MECESSARY
  TO ALTER OR DELETE THIS ACTION, BUT NO EXCUSES
  FOR ALTERATIONS TO STEPS FOUR AND FIVE.

AS FEATURED IN THE ROCKY HORROR SHOW!

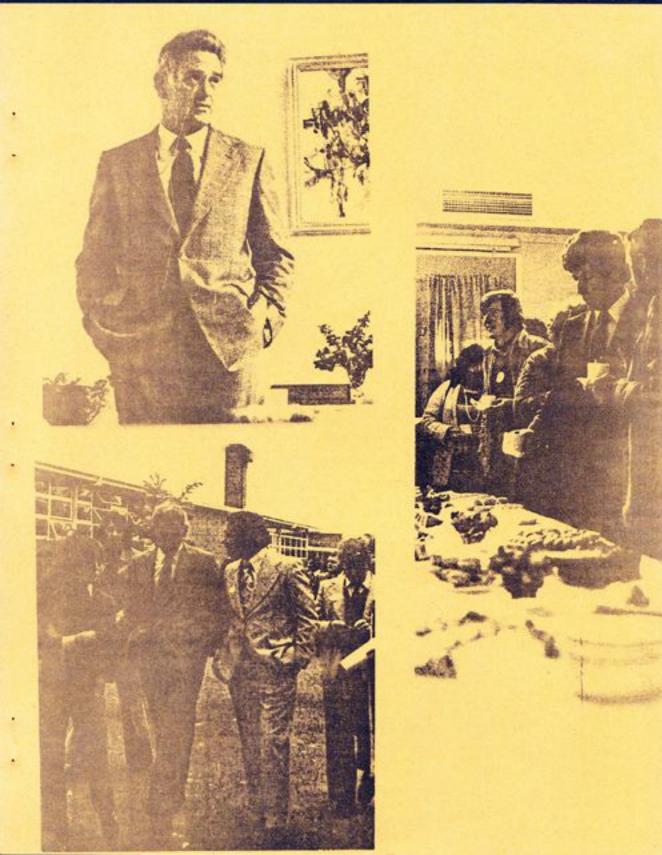


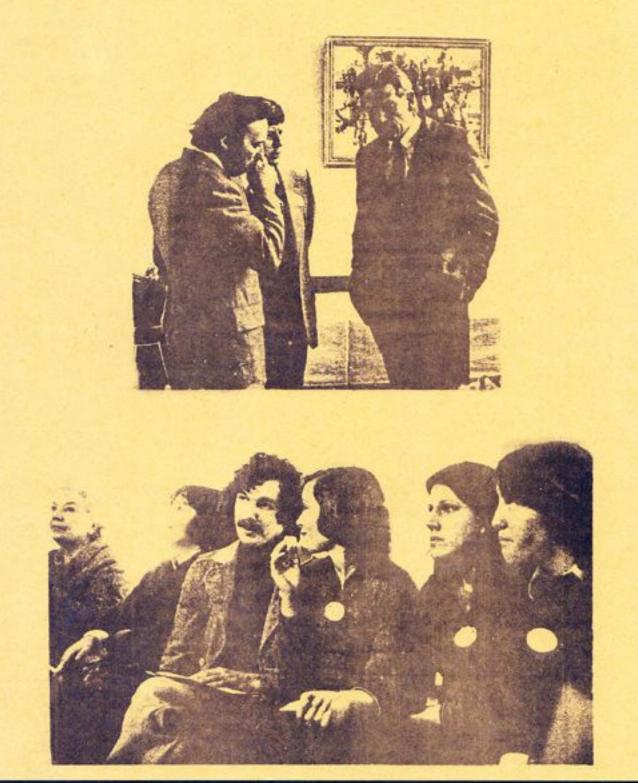






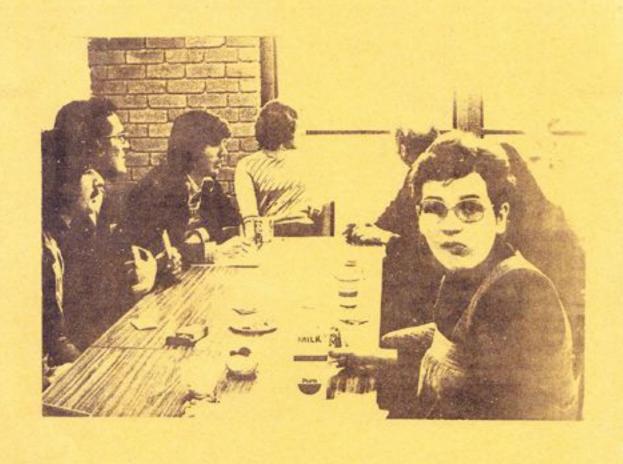
















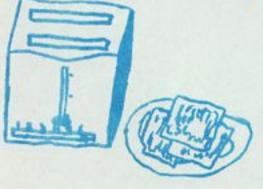


Students

Selected by

the student editors

ALBA







#### GUACAMOLE

(From Mr. Goodson's Travel Memoirs of Sunny Mexico)

PEEL 2 RIPE AVACADOS AND MASH ROUGHLY, COMBINE WITH 1 TSP. LEMON JUICE, 4 FINELY CHOPPED SHALLOTS, 1 TOMATO, PEELED AND SEEDED AND CHOPPED VERY FINELY, CHILLI POWDER, CUMIN, PEPPER AND SALT; SERVE WITH CORN CHIPS.

Savoury TORIS ... from a secret chef in Ms. Aldreds Home - Eco Class

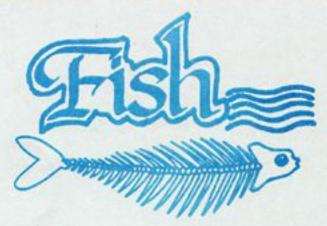
1 oz. short crust pastry # 2 eggs # 1 tomato (skinned) 2 rashers breakfast bacon (chopped) #1/2 onion (chopped) 2 oz. tasty cheese (grated) #1/2 cup milk # a good shake of pepper # 1/2 tsp. salt

ROLLOUT PASTRY. CUT WITH PASTRY CUTTER AND PUT INTO PATTY TIMS. BEAT EGGS AND STIR IN MILK. ADD THE REST OF THE INGREDIENTS, USE TO FILL PATTY CASES. BAKE 350° (F) FOR 20 MINUTES. SERVE HOT OR COLD.

EDAM DIP ... from the "CHERUB CHEPS" of Ms. Lilley's

1 Edam Cheese # 1 Bottle Ham Spread # 1 small carton ocur cream # Chopped parskey.

SLICE TOP OFF CHEESE. SCOOP OUT THE CHEESE LEAVING A 1/2" WALL OF CHEESE AROUND THE OUTSIDE. GRATE EDAM THAT IS SCOOPED OUT. COMBINE WITH ALL OTHER INGREDIENTS TO A SOFT TEXTURE. REPLACE MIXTURE IN SHELL.



## SCALLOPS IN SOY SAUCE (Delicious for a hot summer night)

1 lb. scallops \* 3/4 oup soy source \* 1/4 cup dry sherry \* 3 ttop. super \* 1 clove gentic, minord \* 1/2 tsp. of powdered ginger \* \* \* \* \* \* \* \* with and drain scallops. combine soy, sherry, sugar, garlic and ginger in saucepan, bring to boil, add scallops, cook over high heat 5-7 mins. Drain, serve on cocktail picks.

## 50PA DE PECSADO (from Southern Spain)

10 nion, finally chopped \* 2 tomatoes, peeled and chopped \* 1 clove garlic, minced \* 1/2 tsp. each; paprika, saffron, salt, papper pinch chopped parsley, thyme, oregano, bay leaf \* croutons of toasted bread cut the fish into pieces. In a soup pot, heat the oil and add the chopped onion. When transparent, add the chopped tomato, pieces of fish, garlic, herbs and spices and about 5 cups water or fish stock. cook about 20 minutes. Pour the soup through a colander into a tureen, removing any bones from the fish and replacing the fish pieces in the soup. Serve with croutons.



## ENTRECÔTE À LA BORDELAISE

A superto main course from Josette Libon, smuggled from the Seine to the duplicating room.

\*2 slices rumpsteak \* \*7 shallots chopped \* 203. butter \* 1 teaspoon oil

\* 1 teaspoon tarragion \* 1 teaspoon sugar \* salt \*

\* pappar \* 203. butter \* 12 shallots choppad

FRY THE SLICES OF RUMPSTEAK WITH OIL AND BUTTER IN A FRYPAN. PUT THEM IN A WARM OVEN ON ONE PLATE. PUT SOME BUTTER IN THE SAUCEPAN WITH THE SHALLOTS, TARRAGON, AND SUGAR; WHEN THE SHALLOTS ARE TRANSPARENT, PUT THEM ON THE MEAT WITH SALT AND PEPPER. COOK THE OTHER SHALLOTS IN A SAUCE-PAN FOR 15 MIN. AND SERVE WITH THE MEAT.

#### CHICKEN WITH CAMEMBERT

from K. Bourkes "White Lace Cupboard"

1 chicken #4 slices of bread (wholewheat-sliced) crumbadik 403, chopped champignons \* parsley \* salt \* papper

\* I carriembert chease

LIGHTLY BROWN THE BREADCRUMBS, CHAMPIGNONS, PARSLEY, SALT, AND PEPPER. STUFF INTO CHICKEN WITH A WHOLE CHMEMBERT. BAKE AT MODERATE TEMP.

HOT PIE with SAUCE TOMATO . from STAN HOPE (agoin) - buy at canteen about noon



## PIGANG GORENG

(Indonesian Spiced Bananas)

Bananas, \* Juice 1 lime or lemon to each banana \* Castor Sugar \* Ground Allspice \* Butter

2 TBSP. WATER TO EACH BANANA. PEEL BANANAS, PRICK
THEM AND MARINATE IN THE LIME OR LEMON DUICE.
GREASE A FIREPROOF DISH, ROLL BANANAS IN SUGAR
UNTIL COMPLETELY COATED, ARRANGE IN A PLEASING
ARRAY IN A DISH (FIREPROOF). SPRINKLE WELL WITH
ALLSPICE, POUR LIME JUICE AND WATER AROUND.
BAKE UNTIL SOFT IN A MODERATE OVEN, BASTING
FREQUENTLY. THEY CAN BE EATEN HOT OR COLD.

## PINEAPPLE VELVET (from the delightful kitchen of Ms. Clarke)

1 packet pineapple jelly crystals \* 1 small tin crushed pineapple \* 1 pint cream \* sugar and vanilla essence to tasta.

DRAIN PINEAPPLE BUT RESERVE THE JUICE. MAKE UP JELLY CRYSTALS ACCORDING TO DIRECTIONS, USING JUICE AND WATER TO THE CORRECT QUANTITY. PUT INTO A COOL PLACE UNTIL IT BEGINS TO GEL. WHIP CREAM LIGHTLY, ADDING SUGAR UNTIL LIGHT AND FROTHY. FOLD IN CRUSHED PINEAPPLE AND CREAM. LEAVE TO SET.

## SULTANA LOAF ... Mrs. Wright

1 cup sugar \* 1 tolspn. butter \* 3/4 cup | water \* 1/2 lb. sultanes \* 1 tspn. of each; nutmeg; mixed spice \* 2 cups plain flour \* 1 tspn carb. soda SIMMER SUGAR, WATER, BUTTER, AND SULTANAS FOR 5 MINUTES. ALLOW TO COOL THEN SIFT REMAINING INGRED-IANTS INTO SAUCEPAN AND BAKE 1 1/4 HOURS.

#### WITCHITY GRUBS

- a delight from Michael Garafalo

1 can condensed milk \* 2 tablespoons coco powder \* (4.3) 1 packet Teddy bear biscuits \* 1 bowl coconut CRUSH "TEDDY BEAR" BISCUITS. PLACE IN A BOWL WITH A CAN OF CONDENSED MILK, ADD COCO POWDER, MIX WELL THEN MOULD INTO SHAPE DESIRED AND PLACE IN REFRIG-

# THE FONZE'S HAPPY DAYS CAKE ... from Greg Smith 1.8

1/3 cup soft butter (83 grams) \* 2/3 cup of sugar (167 gr)
1 egg \* 1/4 teaspoon lemon essence \* 1/4 cup of soff-raising flour (156 gr.) \* 12 cup milk (125 ml.)

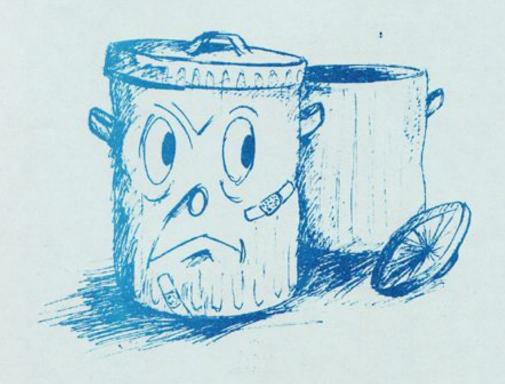
PREHEAT OVEN TO 378° (F). GREASE A 28×18×4 cm. PAN AND LINE WITH PAPER, CREAM BUTTER AND SUGAR, ADD THE EGG AND BEAT WELL. ADD THE ESSENCE, SIFT FLOUR AND STIR ALTERNATELY WITH THE MILK, A THIRD AT A TIME. POUR THE MIXTURE IN PAN, BAKE 25 mins. ALLOW TO COOL, BEFORE YOU TAKE IT OUT OF THE PAN.

TOP WITH ORANGE FLAVOURED CREAM, SMALL GREEN PEPPERMINT STARS, AND A DAB OF BRYLCREAM.

#### THE RUBBISH BIN

One day I found out that I was a rubbish bin and rubbish had to be put in me and when the rubbishmen came they used to pick me up, empty me and throw me down and hurt me. Then next morning, just before they came, I padded myself so it wouldn't hurt when I landed, and when they came they picked me up and dropped me upside down, so I said "THAT'S IT". I told them off and said "If you drop me any more I'll report you", and the rubbish men just laughed and said "You can't report us, your just a dumb rubbish bin", and they went off laughing their heads off. So that night I went to the rubbish factory and tipped over all of their trucks somehow and left a note saying "If you ever drop me again, I will report you to the council, for cruelty to rubbish bins", and from that day on

they never ever dropped me again and there was no need for pudding ever again, and the little rubbish bin was so happy that I tipped my own rubbish out the next morning and they appreciated that so men they bought me a new cover and a brand new shiny red top for the top of me and the rubbish men were my best friends.



#### DESTRUCTION

This world is like a picture but does not match its frame, this world is much too violent but who have we to blame?

The frame is very fragile neglect it and it breaks, the picture is a mobile, one word is all it takes.

Words can start a war, anger, greed and hate, the children beg no more but realize it's too late.

Some children run and hide and others stand and cry, some feel sick inside while watching others die.

And when a war does end, no more death and pain, after all destruction we have ourselves to blame.

POEM

Lizards and cats And tails from rats Eves from toads And wings from bats: I'll add these together And see what comes out. I'm stirring and mixing them all about I'll put some dragons' claws In with the rest If this works out I'll have a guest Frankenstein will be his name, And mischief will be his aim. I'd better add the final touch. A little hatred But not too much.

#### FEAR

One cold, windy, stormy night I was woken by a loud ear-piercing scream, and then came the sound of some heavy object falling over.

I sat up in bed and turned on the light, I looked into the dark wondering if what I had heard was just my imagination or real. Finally I built up enough courage to get out of bed, get my dressing gown and go to the back door.

Carefully I opened the door and peered into the dark, stormy back yard. After about ten metres I came to the rubbish bin which had been knocked over, and the contents spread around what I could see of the back yard. (I did not have a torch because the batteries were flat.)

A flash of lightning lit up the back yard for a few seconds. During those few brief seconds, I saw something which I thought looked like blood. The sky was now lit up once more and now I was sure it was blood.

Without a sound I walked into the rain and darkness. As I walked I heard groans of pain. Then only for a second or two I saw two large luminous green eyes peering at me from the darkness which lay ahead of me. My heart started pounding madly, I broke into a cold sweat, and my feet felt like running.

I bent down to grasp a dead old branch for protection. Then I heard the eerie noise again, that high pitched nerve wracking scream.

That was too much, I turned away from that scream, ready to run BUT as I turned the sky roared and lit up once more to show something which kept me stunned for a few seconds.....

What the lightning revealed was the thing I was terrified of - a cat! The cat had just tried to get out of the rain behind the bin, tipping it over and cutting himself on some sharp bit of rubbish.

Drenched from the rain I walked back into the house, changed and crept back into the bed.

#### " SHOULD I ? OR SHOULDN'T I ?"

In a lonely forgotten part of town, buildings stand left and forgotten by the fast moving world; buildings that were once full of people who shared happiness, saddness and most of all love; buildings that were covered in colours and which glistened in the morning dow; buildings surrounded by every-thing that was good and clean.

Now all this is gone, left only are the memories that blow that blow with the wind in these forgotten buildings. The paint has peeled to expose brown rotten wood, windows stained and broken, rubbish covering the area where little children once played and where laughter once grew.

From the inside, you can hear the rats, now the only tenants, in a frantic hurry in search for food. They scurry around the rooms once pretty, now ugly and which support a musty smell of age.

In one of these rooms, huddled in a corner, is a girl frightened and forgotten. A girl for time has stood still. Her hair is long and brown, falling freely around her shoulders and her eyes are red from the tears that have fallen and stained her once pretty face. The makes no movement to wipe them, for her hands are clasped around a bottle. A bottle which contains her life or her death. She sits spell-bound in a world of vivid memories of her childhood, a childhood spent running, always running - afraid and rejected.

She remembers how love had always passed her by. Her childhood was never filled with love, for her parents had none to give her, only hareh words in shouts of anger and painful hands on her already marked body ...... She remembers a time coming home from school to hear angry shouts interspersed with cries of pain coming from the kitchen. As she enters the kitchen, she recognizes the voices to be those of her parents. As she walks in, she sees her father about to hit her mother, until he turns and sees her. He stops for a second, then turns on her like a lion after its prey. With the back of his hand, he beats her in a never-ending motion. She slowly backs out into the lounge and t kes the first chance to run to her room, where she then locks the door. From her room, once again she hears her mother screaming and tears stream quickly from her eyes, as she looks at her bruises ..... From this she ran into a world of unknown people, people who were ready to use her at every chance and in every-way they could. Then she was no person, no person, with feelings and emotions, a toy to be used then disposed of. Many times she thought she had found love, but no, they were feelings and works which meant nothing and which passed with the rising sun.

Now she is here, alone with only the rats for companionship. The outside world is forgotten to her, for it no longer exists, it has done its damage. Tears once again stream from her reddened eyes to stain her girlish face. She locks down to what her hands hold and once again the thought "Should I? or Shouldn't I?" passes through her mind.





# Autographs